NAME/DATE: _____

SHAKES		
Chocolate Powder	15g/100	
Vanilla Powder	15g/100	
Strawberry Powder	15g/100	
Dark Choc Powder	15g/100	
Mocha Powder	15g/100	
Choc Salted Caramel	15g/100	
Chocolate Mint	15g/100	
Cinnamon Swirl	15g/100	
Hot Chocolate	15g/100	
Berry Smoothie	15g/100	

Shakes

SNACKS		
BARS	**Pro/Cal**	Qty
Brownie Bar w/Caramel	10g/170	
Peanut Butter Crunch	10g/150	
Chocolate Mint Bar	10g/150	
Sweet & Salty Peanut	10g/160	
Lemon Meringue	10g/150	
Caramel Crunch	15g/170	
Blender Bottle		
Capsiate		

SNACKS		
OATMEAL & CEREAL	**Pro/Cal**	Qty
Apples & Cinnamon	12g/130	
Maple Brown Sugar	15g/120	
Choc PB Cereal	14g/120	
Cinnamon Cereal	15g/120	
SOUPS	**Pro/Cal**	Qty
Creamy Chicken	15g/100	
Broccoli Cheddar	15g/90	
Chicken Tortilla	15g/100	
SALTY SNACKS	**Pro/Cal**	Qty
Pretzels Twists	12g/120	
Cheddar Double Bites	10g/130	
Party Mix	10g/140	
FAVA Spicy Cheddar	10g/140	
BBQ Crisps	18g/120	

Snacks

SNACKS		
BARS	**Pro/Cal**	Qty
Fudge Graham	15g/160	
Cinnamon Bar	15g/160	
Peanut Bar	15g/160	
Shortbread	15g/160	
Vanilla Caramel	15g/160	
Double Berry Bar	15g/160	
Peppermint Cocoa Crunch	15g/160	
Dark Chocolate Smores	15g/160	
Chocolate Almond Bar	15g/160	